

The Nest and more...a supply list

for exploring surface design
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NOTE: This is a
PRELIMINARY LIST!

Check back in late
summer for revisions!

Because of the wide range of materials required, there is a kit fee for this class (see below) so students don't have to spend a fortune on paints and materials. Please check with your venue for the exact cost of the kit, which varies depending on whether the class is offered as a full or half-day workshop.

If the workshop is a full day, bring more fabric!

To begin with the important stuff:

- Old clothes—you may end up with paint on them!
- Apron—optional but useful (see above)
- Comfortable shoes
- GLASSES to see— if you need them, including for hand work
- A willingness to try
- Perhaps chocolate....definitely a snack

Fabric for various exercises:

Fabrics *should* be prepared for dyeing or pre-washed, as paint sometimes doesn't like to stay stuck to various sizing and treatments that one finds on commercial fabrics. If you really hate pre-washing, as I do, you can just wing it and see what happens—as we all know from painting houses, paint will stay stuck if you want it to come off!

- White Fabric: Two or more 9-10 inch squares of pre-washed or PFD (prepared for dyeing) white cotton
- Sorta-solid fabrics: For a half day class, bring 3 or four pieces about the size of a piece of paper. You will be playing with paint and screens and stamping, so shape isn't important. Sorta-solid can be a true solid fabric (colored) or a semi-solid batik or a tone-on-tone batik. Feel free to bring fat quarters or what you have in your stash, then select a fabric and cut a chunk in class.
- Some "why did I buy this?" fabric! We all have it. We wonder what possessed us to spend money on it or if we will ever use it. Well, let's transform it with paint into something you might actually use.
- Contrasty batik or print. You want a fabric that has some very light and rather dark bits. Just a 6" square or thereabouts, more if you wish

For The Nest:

- 11-inch square of a beige or tan tone-on-tone or "solid" batik fabric or printed cotton. You may wish to bring a spare in case you aren't happy with your first screenprints.
- 6 inch square of brownish fabric with fusible web on the back
- Small scraps of pre-fused earthy colored fabrics...just a few
- Fabric for your eggs; I used a blue, but you get to pick whatever color you want! Fuchsia eggs, anyone?

- Hand sewing needles, including embroidery/crewel needles that will accommodate 6 strands of embroidery floss or perle cotton (thick)
- Thread: clear, green, tan and brown for couching down floss and ephemera; can be cotton or poly—whatever you have.
- A little bit of fusible web—Mistyfuse is my favorite—if you want to fuse and stitch a bit less and nonstick press sheet or parchment paper (if you don't use fusibles, borrow someone else's press sheet! don't buy one just for this! Sarah will bring some parchment.)
- Thimble (if you use one)
- Optional: a 10x10 canvas and fabric to cover it. I mounted my nest on a 10x10 inch 1 1/2" deep canvas which I covered with fabric. I'll show you how in class, but you probably won't get to the point of finishing The Nest during the day, so won't need the canvas in class (if you decide to mount it at all). You'll receive instructions on "how-to" at home.

Other stuff:

- Paper, both white and (if you have it) some colored paper to practice stamping and printing
- Pen/pencil for note taking
- Marking pencil or pen (may not use, but might want it, and they are small)
- Scissors—large to cut larger squares of fabric, smaller for detailed cutting (my favorites are Karen Kay Buckley's Perfect scissors)
- Optional: rotary cutter, mat and ruler for cutting squares of fabric (scissors work, this isn't a precision class!)
- Old gift card or hotel door "key" OR Bondo scraper (from auto-body supply store, used for body work) OR kitchen bench scraper (that will henceforward be for art use only, not cooking!)
- Several squares or rectangles of cardboard (sturdy box, not cereal box) 3x3 to 6x6 size or a larger piece which you can cut to size in class, and utility scissors to cut the cardboard
- Paper towels
- Garbage bag (tall kitchen size works) to protect your work space
- Masking tape
- Dishpan or similar so you won't ruin your thermofax screen or tools. Should fit a 9x12 screen and hold water.

Optional supplies to bring if you have them:

- Fabric pens such as the broad felt-tip Fabrico pens
- Writing fabric pens such as Pigma micron or Pitt
- Your own paint brushes
- Your own stamps, stencils and thermofax screens

Kit fee covers

- a full-size Thermofax screen of the Queen Anne's Lace for the student to keep,
- a baggie with 12-18 inches of floss, hand-dyed floss or perle cotton and raffia to embellish The Nest,
- use of the teacher's thermofax screens, stencils, stamping items and texture materials during class,
- paint and gray fabric marking pen to use,
- use of the teacher's sponge paintbrushes and scrapers, plastic spoons/utensils to mix colors
- plate to use as a palette,
- an absorptive pad for printing and handouts